



Pre-Op Instructions for Oral Surgery under General Anesthesia:

- The patient **must fast for 8 hours PRIOR to appointment.** If you take medication in the mornings, you may do so with a **small sip of water only**, preferably 2 hours prior to scheduled appointment time.
- You must have a driver to bring you to the appointment and get you home safely. **Please make sure that the driver is aware that they must stay on the premises for the entirety of the procedure.** Post-op instructions will be discussed with the driver at this time. We are unable to release you to any Taxi, Uber, Lyft, etc drivers after your procedure.
- Wear comfortable clothing with a short sleeve t-shirt so we have access to your arm to monitor vitals. Blankets are provided during procedure.
- Ladies, please have at least ONE fingernail (on your RIGHT hand) **free from gel, polish or acrylic** so we can place an oxygen reader on that finger.
- Make sure that you have plenty of soft foods on hand to enjoy after surgery. (mac & cheese, mashed potatoes, baked chicken, ice cream, etc) Nothing with seeds and please do not use a straw for at least two weeks.

Signature

Date